Resources and the Importance in Arizona's History By Amelia Borrallo

Each of the five resources I will tell you about each play in important role in Arizona's history. The first resource is copper. Copper is a reddish, extremely ductile metal of Group 11 (lb) of the periodic table that is an unusually good conductor of electricity and heat. Why it plays an important role is because copper is a key component of state-of-the-art energy, aerospace, transportation, and telecommunications systems throughout the world. They also make penny's and we use penny's to buy stuff so thats another reason it's important.

Next resource we have is cattle. Cattle is a large <u>ruminant</u> animals with horns and <u>cloven hoofs</u>, domesticated for meat or milk, or as beasts of burden which is known as a cow. Why it plays an important part is because it is important daily source of food and nutrition, of much needed income, and of nitrogen-rich manure for replenishing soils and other uses. So it helps us get the nitrogen we need and helps plants grow. It's also is used for ribs, steak, fillet mignon and ground beef. This also means we should never waste the importance or take advantage of these cows and be very grateful to have them around.

Another resource is is cotton. Cotton is a soft, fluffy staple fiber that grows in a boll, or protective case that grown on the ground. Why cotton is so important to Arizona is because this cotton has seeds and these seeds feed us and Provides Quality Seed around the Globe. The main use of these cotton is to make clothes and other uses of daily life. Some other uses of this cotton is there is cotton that can help you clean your self when your hurt or to clean the dirt off you like another words q-tips, cotton balls, cotton pads these all have a good use to help you better get the spots you can't get in the shower or if your to tired to take one you could just use that cotton. So cotton has very good use to Arizona and needs.

Also another resource that's important is Citrus. Citrus is a type of fruit with citrus which includes lemon, lime, orange, and grapefruit. This is very important to Arizona because Citrus fruits are rich in multiple nutrients such as vitamin C, flavonoids, and fiber which confer vascular protection, reduce inflammation, improve gastrointestinal function and health. So it Helps preventing conditions like diabetes, cancer, neurological disease and that means there would be a less chance of getting cancer. Citrus can also help fight free radicals in the skin and also help boost collagen levels. Citrus is very important for out health and can also help cure your body from disease or when your I'll so we should be grateful we have it because without it we may not cure some of these diseases.

Finally the last resource we have is Climate. Climate is the weather conditions <u>prevailing</u> in an area in general or over a long period so this basically means wherever you live is the weather you have which is like rainy, cloudy, sunny, cold, etc. In The state of Arizona it is known as being hot why it's so hot is because lack of cloud cover in arid climates compared to their humid counterparts. So it's important because decrease the flow of water in the Colorado River so that means less chance of flood it also helps plants grow because without sun they can't grow they need sun and water to grow. This weather in Arizona is also good for your health because the warm dry air is good for your lungs.

All these five sources are very important to have in Arizona. They all have very good use to us and help us better. Without these things we would have way more health issues because there's resources help our body's be more healthy. Also it decreases chances of illness and diseases. So we need these things in daily life.